

**FLESH vs SPIRIT**

Galatians 5:16-18.

There are three enemies of the Christian life: (1) The world and its corrupted system, (2) The Devil himself, and (3) The flesh.

**What is the Flesh?**

(1) Some say it is the “sinful nature” in us. But Paul says the “sinful nature” has been crucified. It is dead. Therefore, the flesh can be seen as the last living tissues of the sinful nature, or the last standing guerrilla soldiers of a defeated enemy. So the flesh is much weaker than the sinful nature.

(2) Others say the flesh is the “5 senses”-*taste, hear, smell, see and touch*. If our lives are controlled by these physical senses only, then we are carnal people, not capable of higher spiritual battle, and the Devil need not worry about us.

(3) The flesh is the ego that feels the emptiness and depravity within and tries by its own power to satisfy itself. It is a self-enclosed entity that is completely opposed to the Spirit.

**What is living in the Spirit?**

(1) As long as we are in the body, some **conflict** will always be there. A Christian is not someone who has no sinful desires, but a Christian is someone who is at war with them, because the Spirit within us has declared war on sin.

(2) The Spirit comes to **enhance relationships**: with God and with others. The flesh is “I”, but the Spirit is outward looking to “others”. A growing love for others and sacrificial love for God and believers characterises walking in the Spirit.

(3) The experience of **victory over the flesh** will become evident in an increasing manner. (Vs.16)

(4) Freedom (v.18). It is not that we are free not to obey the law, but we have been **empowered to obey** the Law. The Spirit will help us overcome the flesh and walk in obedience.

**Picture this analogy of the Christian life**: the Holy Spirit is the **train engine** pulling you along. The **railway tracks** are the Word of God. And you are the **train coach** being pulled along by the engine. We will get the ride of our lives if we grab on to the Holy Spirit, and follow along in the Word of God.

**The Command:**

The command is not to fight the flesh. The command is “Live by the Spirit”, which will result in defeat of the flesh. We will never win victory over the flesh by fighting it, or resisting it. We will win victory only by surrendering to the Spirit.

**Practical steps:**

(1) Surrender to the Holy Spirit. (2) Renew your mind. Transformation comes when we renew our minds in the Word of God. **Read. Understand. Obey.** (3) Practise self-control. Self control is the first step to being Spirit-controlled.

Ephesians 6:12 says “our fight is not against flesh and blood, but against the powers and rulers in the heavenly realms”. We do a great service to the Devil if our Christian struggle is confined to fighting the flesh. If that’s all we do, we will never be able to conquer the other two enemies, i.e., the world and the Devil.

- Pastor Kedo Peseyie

# City Church

## SUNDAY SERVICE

- Leader : M. Odyuo
- Speaker : Rev. Keviyiekielie Linyü
- Ushers : Echungbeni Tsanglao  
& Pangertula Pongen
- Keyboard : Lithüngpeny Murry
- Flower : Aien Tzudir

**Call to Worship**  
**Praise & Worship**

Reading : Psalm 119:153-160

**Mass Prayer**

Offertory & announcement

Hymn No.40 : How Great Thou Art

Message

Hymn No.177 : Higher Ground

Benediction



### PRAYER

- Pray for our leaders in the Nagaland Government. 1 Timothy 2:2 says, “Pray for the kings and for all who are in authority, that we may lead a quiet and peaceable life in all godliness and honesty”.
- Pray for all the believers in Nagaland, so that we may stay alert, focused and faithful to our calling to live in unity and service to Christ, His church and society. Ephesians 6:18 says, “...pray with perseverance for all the saints”.
- Pray for those who are sick among us. Pray for God’s healing grace upon them and their families.

## PSALM 119:153-160

Look on my suffering and deliver me,  
for I have not forgotten your law.  
Defend my cause and redeem me;  
preserve my life according to your promise.  
Salvation is far from the wicked,  
for they do not seek out your decrees.  
Your compassion, LORD, is great;  
preserve my life according to your laws.  
Many are the foes who persecute me,  
but I have not turned from your statutes.  
I look on the faithless with loathing,  
for they do not obey your word.  
See how I love your precepts;  
preserve my life, LORD, in accordance with your love.  
All your words are true;  
all your righteous laws are eternal.

### INFORMATION

- 3rd December will be the last Sunday school of the year.
- Enroute Advent Christmas program today 3pm at church. Come and join us for fun, fellowship and feast.

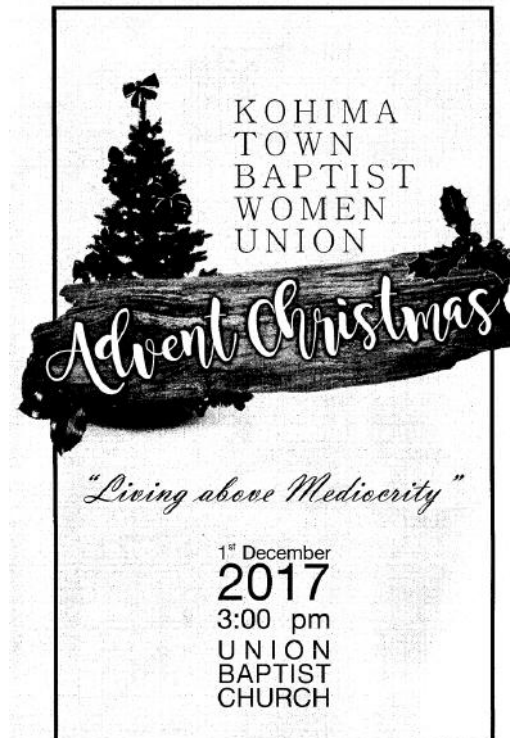
**Sunday, November 19<sup>th</sup>, 2017**

Tithes: ₹ 1,09,760    Mission: ₹ 7,000    Offering: ₹ 12,340  
Building Fund: ₹ 39,000    Nagamese: ₹ 382    Total: ₹ 1,68,482

### ANNOUNCEMENT

- Wednesday Bible study at 5pm.
- Next Thursday Women's fellowship @ 4:30pm. Leader- Mrs. Athem Tali , Scripture Reading- Mrs. Hokali V Chopy and Sharing-Mrs. Ajungla Hesso.

[citychurchkoh@gmail.com](mailto:citychurchkoh@gmail.com), Facebook: "City Church Kohima". Contact: 0370-2242687/ 8131862333



### Condolence

Hereby we convey our condolence to the following bereaved family member of,

- Late Kiyelho Phucho father of Dr. Lily Jack.

- Late Usharanjan Deb Barma father of Mr. Robert Deb Barma.

We continue to uphold them in our prayer for God's comfort and his nearness to them at this hour of bereavement.

### ENROUTE (Youth Fellowship)

**CALEB** (Num13: 1-33, 14: 5-8, 24; 32: 11,12): Born as a kennizzite, called to represent the tribe of Judah for spying the land of Canaan. He was a man of Extra Ordinary Faith:

- **Placed his faith in God above all:** Num 13:30 – *'let's go and possess the land...'*
- **Dared to challenge the majority (14: 4):** Num 14:6-10 - He tore his cloths and addressed to the Israel to go ahead, while the majority wanted to stone them. Majority view *"we found ourselves like grasshoppers in front of them"* (13:33)
- **Never gave up:** Joshua 14:7,11,12: *"I was forty ...I am today 85, Still strong as the day Moses sent me to spy, as vigorous to go out for a battle as then..."* Forty long years in the wilderness didn't make him weary/ burnt out in his vision.
- **Conclusion:** God honors the faith of believers and commented Caleb his faith: Num 14:24: *"My servant Caleb has a different spirit and follows me wholeheartedly."*

*What is going to be our response in the light of the life of Caleb and his response to situations? Are we in a position and place for God to comment us?*

- Moa Imsong