Expressions!!!

Sunday School Department, Newsletter 2015

City Church
CHRIST THE POWER OF GOD AND THE WISDOM OF GOD

Superintendent's Column

Mrs. Hekali Shikhu

"Children are GIFT, REWARD from God"

We thank God for the lives of all the children. They are a real BLESSING from God. They are our source of joy, inspiration, strength, challenge and growth. They are special and unique in their own ways but has one common special quality and that is, they freely and honestly expresses their thoughts and feelings which is worth sharing with all. We are happy to bring out another issue of EXPRESSIONS!!! Straight from the heart. May God bless and enrich your soul as you read through these pages....

God bless all the children, God bless all the parents, God bless all the teachers

What's inside...

What I have learned in Sunday school this year
Primary Class
Sunday school experience and favorite Bible character
Junior Class
Toddlers' Class
Vivanü John
Difference between SCHOOL and SUNDAY SCHOOL
Intermediate class
My experience in Sunday School
Senior class
My Sunday School Journey
Limanula Jamir
Experience and Memories in City Church Sunday School
Vitso-ü Tsürho
S Vei Khamai
Vivito Yeptho
Jesus is ...
Senior class
Photos

2015 Events

1st February	Sunday School Resumed
22nd February	Teachers Retreat
1st March	Children's Day of prayer
29th March	Love Feast Day Outing @ Shalom Bible Seminary, Zubza
26th April	Parents and Teachers fellowship
1st - 3rd May	Teachers Training
23rd May	Art and Drawing Class by Mr. Samuel
31st May	Talent Celebration
25th – 27th June	Children's Bible Camp "Rooted and Built up on Jesus" @ Stella Higher secondary school
19th July	Dinner Fellowship with Sunday School passed out students
9th August	Camp follows up at Demori Cove
1st November	World Sunday School Day
6th December	Annual Picnic Day at Thizama.

Teacher Speaks...

Mrs. Oponlumi Esaca

Children's Ministry excites me because it has always been my dream and desire to develop and nurture young, tender, unblemished children especially adolescents, in the fear of God and to walk in his way. We live in a generation where moral values are disintegrating and people have no time for God so it is so important to inculcate the importance of God 's word and also help in the personality development in the lives of the children because tomorrow lies in their hands.

More than a decade has gone being involved in the Children's Ministry but I feel I have been with the Children for a couple of years only. Coming from diverse background with varied personalities, initial years of my involvement in the Ministry was challenging but over the years, the children have taught me great lessons .I have learnt to love each child as he/she is and to look at each child from God's perspective. Children have also brought healing in my stormy days.

Today, as I see the earlier batch Sunday school children budded into beautiful ladies and handsome gentleman, it gives me complete happiness because they continue to love the Lord and Ready to take on the world in different fields with Christ in their lives. Children's Ministry is an Investment that never goes a waste.

I thank God for His faithfulness in my life and my family's lives and the opportunity granted to me. To serve in His kingdom through these little children.

What I have learned in Sunday school this year — Primary Class

Kimkim – I have learned so many things like how to pray, read the Bible, be obedient. I had so much fun making new friends, activities, drawing and pasting in the chart.

Shanon - I learn how to praise God, how to sing songs, read Bible, obey and how to make friends. The best part is when we learn new songs, Bible verses and new stories.

Gwakenye Jhong - I have learned so….. Many things, Like what is prayer, how Jesus was tempted, Peter's vision and about that guy who was called um….. I forgot anyway he became Christian with the help of Peter.

Kuvu – I have learnt many memory verses and songs. I had lot of fun in HBS. Every morning I start praying to Jesus for Wisdom.

Levi – I have learnt how to be good, honest, loving and forgiving. I learnt about the fruit of the Spirit.

Samio – I liked and enjoyed arts and craft, going for picnic and reading Bible stories

My Sunday School Journey. — Limanula Jamir

It was way back in 2001 when we had our first Sunday school class in City Church and I was among the privileged few who was a part of it. When I look back and think about my days, it is not just a bag full of pleasant and fun memories but the seed that was planted in me so strong helped me walk daily with Jesus. Sunday school was just so personal to me, it provided an opportunity where I could be more real and see what I didn't see in myself. It allowed me to be a better person. The unceasing prayers of the Sunday teachers even after I graduated from Sunday school, especially when I was away from home and church had been my weapon to fight the daily challenges I faced. Thank you Sunday school for making me what I am today.



Experience and Memories in City Church Sunday School.

Vitso-ü Tsürho (Class 10) — S Vei Khamai, (Class 10)



Like every other being, my Sunday school journey began at a tender age. From the beginners class to senior class, I enjoyed every second of it; It is amazing how time travels so fast without our knowledge. As time travelled, so did I.

As I grew older year by year, I began to understand the real purpose of attending Sunday school. The people who made me understand the purpose were none other than my Sunday school teachers who have always been guiding me since day one. I would not be where I am, if not for them. With their guidance, I have learned to walk in God's ways. At the end of the day, I feel so satisfied and blessed in knowing that I have gained salvation.

Life with Christ was, is and will always be a wonderful adventure. Sunday school has made my spiritual foundation so strong. I believe that as I go on and face the struggles of life, I will overcome the hurdles with God beside me.s

Many years here have been the best that it could be. The super awesome friends I made will always play the biggest role of deepening my relationship with God. I thank God for this beautiful place and wonderful people who moulded me into a God-fearing person. I pray that as I grow, will continue to walk in God's ways."I can do all this through Him who gives me strength" Philippians 4: 13

"Looking unto Jesus the author and finisher of our Faith"
Heb12:2

Moments make us jump, moments make us cry; they leave a permanent mark. Some we wish to erase so desperately and some others we dearly wish they stayed on our minds for eternity. If I am to choose a memory to keep, it has to be my Sunday school days. My early seven years, I spent quiet and happy. I knew very well that my childhood years were the first stepping stone to my future so I remain as passive as I could. Days passed and my friends circle grew. No wonder, with new acquaintances, the classroom became cool hangouts. Life just went by so quickly. Those seven years seems like a week to me. Nothing lasts but we are meant to move on. It was the sweetest and the finest line in a song.

As I write this the voice of my teachers, classmates are ringing back in my ears. My gratitude would not suffice without the mention of my teachers who supported me in moulding and shaping my student life. I am who I am because of you all.

The Lord bless and keep you always on the safe side for His ministry and glorious challenges. "I can do all things through Christ who gives me strength" Phil 4:13

Sunday school experience and favourite Bible character — Junior Class

Easter Ezung - 2015 was a memorable year. I had fun listening to Bible stories and learnt to obey our parents and teachers and not to lie or steal. I have also noticed that if we give respect we also get respect.

Mesele Doulo -I learned to love one another and have patience. We should not worry about silly things because God is with us and he will take care of us.

Yanchumbe - I think this year is the best year because many people came and I learned a lot. Two good teachers taught us, sorry three if we count the emergency teacher.

Christabel Khalo - I learned more about God and the Bible. We also took turns to pray for the offering.

Wazole - Sunday School is fun especially when we go for picnics because we learn lot of new things and get to know other friends as well.

Linovi - My inspiring Bible character is Jesus. This may be a very common answer but I really mean it. It is interesting to learn how Jesus spent his life. He was humble, loving, caring and more than I could imagine. Whenever I have doubt I always remember my inspiring Bible character 'JESUS'.

Ronai - I thank God for providing a Sunday school for me. I am glad to be a member of City Church Sunday School. I have learned many songs, memory verses, discipline, good manners and also met many new good friends.

Meli Colo - This year was, to be honest, an incredibly fantastic year! It is amazing to know how much faith Moses had in God. It was so strong that he could turn his staff into a snake, part the Red sea and so much more.

Alokütü - My favorite Bible character is Paul. I like him because he was very sharp, young and did not fear to die for Christ. In the comics I see him short too.

Sumenron Odyuo - My favorite Bible character is Moses because he led a vast number of people and crossed the Red sea.

Lelen - My 2015 Sunday school experience is nice. I met new friends and most importantly I learnt more about God and his everlasting love.

Zhavi - My experience in Sunday school this year was amazing. I learnt the word of God and also to be discipline, honest, respect others etc. We did a lot of activities and also got gifts.

Yatet - Abraham is my favorite Bible character as he taught us that we must always trust God when we are in need as he did to get his first born son-Isaac.

Hunoto - In 2015 I experienced God more closely and that is my favourite experience.

Nisuka - I learnt to help others and to praise God

Nigel - I had a good experience with God.

Reuel - Sunday school is a place where I learn about God. I enjoyed the quiz, outings and I like the teachers.

Vikash - I had a good experience

Jack - I had a good time

Jiatemsu - It is a blessing that God gave this beautiful year. Sunday school is a nice place where we are happy and enjoy God's grace.



JESUS IS.... — Senior Class

Prince of Peace, Protecter, Guide, Creator, Salvation, King of kings, God's Son, Saviour, Defender, Provider, The GREAT, The Alpha and the Omega, Friend of sinners, The storyteller with meaningful meanings, giver of faith and trust, giver of life(eternal life), Way to HEAVEN, Merciful, light to our path, teacher of goodness, OMNIPRESENT, kind and loving, Healer, Comforter, holds the world in His hands, counselor and keeper, Lord of lords, My KING, unstoppable, unchangeable and invincible, Good and just, He is sweeter than honey, controller and teacher, MY EVERYTHING, Leader, Shelter, provider, understanding, GREAT, answers prayers, caring, alpha and Omega, lamp unto my feet, ALL KNOWING, , friend of believers, wise, forgiver, never failing, giver of Faith and trust, the life changer, undoubtful, giver of life, destroyer of evil, inspiring, trusted friend, AWESOME!, graceful, amazing, merciful, Lord of knowledge and wisdom, strong, light to our path, giver of peace, teacher, gracious, my all in all, OMNIPOTENT, wonderful, good shepherd, marvelous,

Patient to us, excellent, winner of victory over sin and death, lamp of God, high priest, mentor, MY LIFE, my strength, rock of ages, beautiful in all ways, encourager, key to success, LOVE, Holy, gate way, Faithful, good to all, GOD, matchless, BESTFRIEND, Hope, giver, Sufficient

Arts Class



Love Feast Day





Teachers Training



Annual Day Picnic



Difference between SCHOOL and SUNDAY SCHOOL — Intermediate class

Liron - School is where we learn about history, English science and many others. Sunday school is where we learn about our Lord, how we can be like Him.

Megosenuo - In school teachers educate us. In Sunday school we learn to become more faithful and it can change our life.

Elivi - In school we know more about the world. In SS we learn to know more about God, holy Book.

Avino - in school we get education about various things. In SS we learn about our faith in God and believe in God there can be many changes in life when we come to SS.

Meyuren - in school we learn about our earth, environment, health an d disaster and so on. In SS we learn about God's blessings, love , protection, His sacrifice for our sins etc.



Vivi Tsurho - in school we play, study and get education. In SS we learn how to be His children and obey His Word and live life as a child of God.

Atuna Shikhu - In school we learn grammar, how to speak, listen and many more. In SS we learn about Jesus Christ, disciples, Holy Spirit, memory verses, bible stories and the Love of God.

Jemshinaro - School is where we gain knowledge of hard work. In SS we learn about God who created the world, used people and that God is there to guide us in trouble.

Chosu - In school we learn so many things and other activities. In SS we learn Bible stories and Bible verses and we learn many things fro teachers.

Line Colo - school is where we gain knowledge and boost out IQ but if we do not go to SS we will never be able to succeed in our life. SS nurtures our spiritual life and helps us to be more diligent, wise and responsible in our works. SS has made me a better person.

Vivian -school helps us increase our mentality . in SS we increase our spiritual knowledge. It is fun and easier to learn about God when we come together to SS.

Lanai - School we learn from books and we'll become an officer. In SS we learn more about God and the Bible.

Bokivi - school we just learn from text books. SS is very different from school. We learn about the Bible, Paulwho once persecute Christian spread good news and kept his faith.

Lisuno Koza - School is about physical life. It is based on marks. SS gives us the knowledge about God and the glimpse of how Jesus suffered for us.

Toddlers' Class — Vivanü John

The same scene unfolds before me, every two Sundays, in the Toddler's Class. The children trickle in with their ever vigilant 'didis' or the occasional 'dada' or parent. Most times, the adults outnumber the toddlers. Then the usual routine begins; the well-used, familiar toys, strewn around the mat, are carefully chosen and handled with fresh enthusiasm, week after week. The simple routine of handing out the blank papers and crayons, for drawing and colouring, is greeted with mixed responses: some shy, some curious, others, eager and impatient. The same action songs are repeated over and over again: the more familiar the songs are, the greater the interest and participation amongst the children. Amidst these regular activities, the most eagerly awaited one is the 'raisin treat". Not even the most reticent toddler is able to resist this treat for too long.

As I spend time with them, I observe that each child responds to you differently. The bold ones usually know what to do. They know exactly what they want and do not hesitate to go for it. Their boldness and confidence never ceases to amaze me and at times even manages to evoke a twinge of envy in me. However, it is usually the quieter ones who manage to catch my attention. I watch them as they quietly struggle to leave their comfort zone and slowly make their way towards the rest of us. Sometimes, it's almost painful watching them as they battle with their shyness and their fear of the 'unfamiliar', and therefore, I can never grow weary of seeing them enjoy the pleasure that finally 'letting go' brings, to them.

As I sit down reflecting on my time spent with these little ones, two things stand out for me. The first is the simple childlike ability to see things afresh, again and again. The ability to enjoy the familiar things with fresh enthusiasm. It made me want and think of being able to enjoy the presence of God afresh, day after day. The second is the simple truth that knowing and experiencing God, more and more, allows us to let go of more and more of our fears and insecurities, until we finally enjoy the pleasure of the freedom of being found in Him.

Thank you toddlers! Jesus' words in Matt 18:2 unless you change and become like little children, you will never enter the kingdom of heaven.', begin to make more sense to me because of you all. I walk away enriched, humbled and blessed. May God bless you all, 'little ones'.

Kimeri Ngullie - I am blessed to have learnt a lot of Bible memory verses which will benefit me. I am also blessed with many good friends and Sunday school teachers to correct me whenever I am wrong. Above all else I am blessed to have Jesus as my personal Saviour.

Jekhe Colo - I have received so many blessings and experienced God's love in my life through Sunday School. Sunday School has been the foundation and a guide of my life till today. I am blessed with a new life in Christ. My teachers have really helped me to follow God's footsteps and let others see the beauty of Jesus through me. I learnt to view life positively.

Sujasula Jamir - I have learnt that I should surrender everything in the Hands of God, to always abide and remain in God giving thanks in all circumstances by being joyful. I will live for God alone and nothing else matters.

Deborah - I have learnt many important life's lessons and new Bible verses to get me through difficult times. I understood that God wants me to complete the mission that He has for me.

Carol Andrea Kevichüsa - Sunday School is helping me to grow spiritually. The Bible memory verses I learn is helping me in difficult times. I'm reading the Bible more and blessed to fellowship with one another. I realize how much the Lord has done for me.

Seso koza - This year's Sunday School has been a different experience for me. I have learned to control my anger and bitterness. Throughout the year teachers have been discussing with us personal problems, growing spiritually with the Lord is one of the most important lessons we've taken. I learned to forgive others and live my life for God.

Vikithe Shikhu - It has been a great life changing experience for me. The Bible passages which we have learnt and memorized have always helped me and will continue to help me even in the coming days. I thank God for The Holy Spirit who helps me recollect important Bible passages whenever I need help.

Apuvi Awomi - Sunday School has been very important and helpful in my spiritual life. It has also been a platform of opportunities where I can open up and perform God's given talents. It has taught me to respect my parents and elders and how to live a life pleasing to God. Most importantly it has drawn me closer to God and helped me read God's Word every day.

Ekonthung - Sunday School has been such a blessing to me and my family. We have received countless blessings from this place. Among which one is the transformation of my father when I prayed. I learnt a lot about the Holy Spirit and the Prince of Peace i.e. Jesus. It has developed something in my heart that told me never to touch or eat bad thing and I don't. I praise God.

Luket - Going to Sunday School I have learned a lot about God's love for us and what He has in store for us in the future, confident of my salvation.. Sunday School has made me realized how much I have been blessed till today by God. I have gained inspiration through the Bible that leads us to the right way. I have learned to be prayerful and thankful to God.

Kelevivor - Sunday School has blessed me with friends, happiness, joy and I came to learn about God. Teachers have helped me so much till today to grow in Jesus. I am blessed by God because He answers my prayers and help me overcome my fears.













Dear Jesus,
I Thank you because you save our lives if you were not there I will go to hell oh yeah and by the way I have 2 prayer points that is to ~~[illegible]~~ let us have a good VBS and to not let our ~~[illegible]~~ get sick



Vivito Yeptho

I was privileged to be a part of the first batch of City Church Sunday School when it started way back in 2001. Where I stand in Christ today is because of how the City Church Sunday School nurtured me. I was not only nourished spiritually but my days at the Sunday School where fun--filled with various activities such as talent shows, quiz competition, picnics, and the Sunday School camp. I used to look forward to the Sunday School camp because it not only brought me closer to my friends and teachers but most importantly to God. Another thing I cherish about the Sunday School was making new friends who were committed to Christ. It gave me many friends who I believe will be friends for life. I appreciate the commitment of our Sunday School teachers. The valuable principles they instilled in me kept me grounded as I left Sunday School and I was on my own. Their words of encouragement helped me to stand strong even at my weakest moments. And as I ventured out of the comfort zone of home and the Sunday School, there were many things the world offered, but the Christian principles that I learned from Sunday School held me back to maintain my Christian integrity. I express my gratitude to all the Sunday School teachers.

Especially, who were the only teachers when Sunday School started. I would like to say that the seed you planted is not in vain. I want to encourage all the present children of City Church Sunday School to get the most of everything that you all are learning. The seed planted while still young will definitely bear fruit if you are faithful in Him so never lose hope even at your darkest situations. Remember "God will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it" 1Corinthians 10:13. So take this as a challenge as a Child of God and let the beauty of Christ be seen in your daily life.

Children's Bible Camp

